

“Being recognized as a feminist and gender scholar via the Deborah Tolman scholarship was a great honor and a valuable part of my graduate funding. As a former sex educator for teenage girls, I respect and use Professor Tolman’s work often. As a graduate student at SF State, I wanted to expand my research to cover sexuality topics for adult women, and this scholarship validated the importance of my work in gender-specific research.”



“While a graduate student, I focused on female sexual health, including the ideologies behind function and dysfunction. I worked in the industry (medical devices and pharma) and consulted on various projects in the women's sexual wellness space. Now my work focuses on helping adult women sexually thrive. I still focus on sexual wellness and incorporate several psychological and biological constructs of sexuality and sexual health as well as health food options and pleasure topics. My goal is to have women feel educated in topics that are important to them and to help them enjoy more fulfilling sex lives.”

Tolman Scholar 2010-2011:

Rebecca Alvarez

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- BA, Women’s Health and Sexuality, UC-Berkeley, 2007
- MA, Sexuality Studies, SF State, 2011—Thesis: Clinical Research and Female Sexual Health
- In December 2014, Rebecca Alvarez launched the website and blog, bodyfemenina.com, offering high quality sexual health content for women. She plans to offer online courses and e-books to help women thrive.